



Lesson 1

No Nonsense English

7-8
years

Long vowel sounds

1. Underline the long vowel words. Circle the short vowel words.

tune mat free carp oats mitten bow throat creak itch melt uncle ripple

2. Write three other words with the same long vowel sound.

a mute _____

b feet _____

c rain _____

Lesson 2

ing endings

1. Write out these words with the correct ing endings.

a wriggle _____ **b** swim _____ **c** fill _____ **d** feel _____

e drive _____ **f** hit _____ **g** hop _____ **h** leave _____

2. Write out these words correctly without the ing endings.

a circling _____ **b** warring _____ **c** living _____ **d** patting _____

e fretting _____ **f** solving _____ **g** humming _____ **h** laughing _____

0	Tough	OK
		Got it!
		20

Total
20



Lesson 3

No Nonsense English

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le endings

1. Complete these words. Use each ending once.

ble cle dle fle gle kle ple tle zle

a wrin _ _ _ **b** muz _ _ _ **c** han _ _ _ **d** bicy _ _ _ **e** bot _ _ _ **f** bob _ _ _

g muf _ _ _ **h** tan _ _ _ **i** top _ _ _

2. Choose either ible or able to complete these words.

a ed _ _ _ **b** terr _ _ _ **c** imposs _ _ _ **d** believ _ _ _ **e** suit _ _ _

f achiev _ _ _ **g** cap _ _ _

Lesson 4

Prefixes 1

1. Circle the word that matches the given meaning.

a to sell something again: resell presell

b to pay beforehand: repay prepay

c to get ready in advance: repair prepare

d to go before: recede precede

e to visit somewhere again: previsit revisit

f to warn someone in advance: rewarn prewarn

g to take something again: pretake retake

0	Tough	OK
		Got it!
		23

Total

23



Lesson 5

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Prefixes 2

1. Choose the correct prefix to complete these antonyms.

un de dis

a ___ kind b ___ like c ___ select d ___ usual e ___ comfort f ___ cooked

g ___ claim h ___ attractive i ___ frost j ___ bend k ___ place

2. Complete these sentences using the antonym of the word in bold.

a I am **likely** to go. She is _____ to do so.

b The magician made the rabbit **appear** then _____.

c Gandor's **belief** turned to _____ when he saw the other wizard.

Lesson 6

Synonyms 1

1. Choose a synonym to complete each sentence.

a He was a _____ man to knock on the castle door. (brave)

b It opened with a _____ creak. (terrifying)

c There on the floor sat a toad as _____ as a mouse. (small)

d "You are late!" _____ the toad angrily. (cried)

e "You must _____ the stairs to the great hall." (go up)

f When he got there he saw a _____ iron door. (huge)

g He knocked _____. (quietly) "Enter," said a _____ voice. (weary)

0	Tough	OK
		Got it!
		21

Total





Lesson 7

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Verbs

1. Underline the verbs in the sentences below.

- a** The rain fell steadily and the trees in the garden dripped.
- b** Tajvir wanted to leave the house but he had no coat.
- c** From where he stood he saw the postman's van in the road.
- d** It stopped outside the house. The postman came up the drive with a parcel in his hand.
- e** He handed the parcel to Tajvir. In large writing it said: 'For Tajvir. Private and personal'.

Lesson 8

Similar verbs

1. Change the verb in the sentences to make a sentence with a similar meaning and one with a different meaning.

- a** Tajvir looked at the postman.

Similar: _____

Different: _____

- b** He walked down the hall.

Similar: _____

Different: _____

0	Tough	OK	Got it!	7
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Total

7



Past tense

1. Complete these sentences using the past tense of the verbs.

- a** The sun _____ brightly on the water of the lake. (to shine)
- b** The men _____ up to the edge and _____. (to ride) (to stop)
- c** They _____ hard at the water for a long time. (to stare)
- d** One of them _____ a sword from his side. (to take)
- e** He _____ it far over the water. It _____ into the lake. (to throw) (to splash)
- f** A pale hand _____ out of the lake and _____ the sword. (to rise) (to grasp)

Lesson 10

Nouns

1. Circle the proper nouns and underline the common nouns.

- a** It was a quiet day in the village of Standlake.
- b** The shops on Bond Street (in London) get very crowded during the week before Christmas.
- c** Yesterday, people were sitting on the grass and enjoying the sun in Hyde Park.
- d** Suddenly, there was a mighty bang as John's car backfired!
- e** We watched a film about an enormous ape called King Kong.
- f** I can't go to the football match this weekend as we are going on holiday to Italy.

0	Tough	OK
		Got it!
		12

Total

12



Adjectives 1

1. Circle the adjectives. You need to find 8 in question a.

a The house was old. It had leaning walls and a rotten roof. The small, wooden door was tied up with string. Ben peeped through a tiny crack. He could see the dark hallway. There was striped wallpaper on the walls.

b He pushed the ancient door. It opened. He stepped inside. It felt cold. There was a strange smell. He could hear the loud buzz of flies. He walked into the front room.

c There was a large table, two chairs and a red sofa. He sat down on the nearest chair and looked at the electric clock on the wall. It gave a soft tick.

d "Don't move," said a quiet voice behind him. "Put both hands in the air. You have five seconds to leave the house. Or else."

Sentences

1. Put in the missing full stops.

Ben walked towards the front door He opened it and stepped outside Then he ran as quickly as he could away from the house The woods seemed to go on forever He thought he could hear footsteps behind him He ran faster and faster Suddenly he tripped on a root and fell heavily

2. Rewrite these sentences correctly.

a lord and lady james are having lunch at buckingham palace

b would you like to go to london at the weekend or stay in oxford

0	Tough	7
	OK	Got it!

Total

7



Question and exclamation marks

1. Finish these sentences with a question mark, an exclamation mark or a full stop.

- a** Why aren't you going out into the garden____
- b** Help__ Help__ There's a thief in the shop__
- c** The next day she decided to visit her friend Becky__
- d** What's the point of going__ Will there be anything to see __ The show's over__
- e** Does anyone want to come to the cinema__ It's the new Harry Potter__
- f** Wait__ Where are you going now____

Lesson 14

Speech marks

Write the speech marks in these sentences.

- a** We could catch a bus back after the show, Claire said to her Mum.
- b** What do we do, asked Amir, if they come back and find us here?
- c** Get your things together at once! the teacher ordered.
- d** Help, I'm late! Paul shouted to Tim.
- e** I'm going as fast as I can, he panted, but I'm really out of breath.
- f** Why, she asked, do you want to keep that ridiculous hat?

0	Tough	12
	OK	Got it!

Total

12



How are stories organised?

1. Read Extract 1 again. Then write True or False after each statement.

- a** Clare wanted a hamster for a pet most of all. _____
- b** Clare's Mum talked to her about pets before school. _____
- c** Clare used a library book to help her decide what to buy. _____

2. Now read Extract 4. Write True or False after each statement.

- a** Patrick had not seen Ciaran for two days. _____
- b** Ciaran often disappeared. _____
- c** The doors were locked but the windows were not closed. _____

Lesson 16

Reading information

1. Read Extract 2 again. Then write True or False after each statement.

- a** Bryn was usually on time. _____
- b** Football happens twice a week. _____
- c** Bryn hates playing the flute. _____
- d** Bryn has an aunt called Jane _____

2. Read Extract 3 again. Then write True or False after each statement.

- a** You need to keep the apple cores. _____
- b** You need these kitchen tools: a whisk, a knife and a fork. _____
- c** You put the cream on top of the apples. _____

0	Tough	13
	OK	Got it!

Total





Lesson 17

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Suffixes: er and est

1. Add the endings er and est to these words.

- a** fast _____ **b** tame _____
c fat _____ **d** wise _____
e icy _____ **f** hot _____

2. Write the correct spelling of these words.

- a** neatter _____ **b** ripeest _____ **c** sillyest _____ **d** madest _____

Lesson 18

Suffixes: y

1. Change these nouns into adjectives by adding y.

- a** slime _____ **b** sun _____ **c** sleep _____
d crackle _____ **e** spot _____ **f** hill _____
g mud _____ **h** rain _____ **i** weep _____

2. Write these adjectives as nouns.

- a** spooky _____ **b** easy _____ **c** messy _____
d noisy _____ **e** streaky _____ **f** windy _____
g soapy _____ **h** tasty _____ **i** noseey _____

0	Tough	OK
		Got it!
		28

Total
28



Plural nouns

1. Write the plurals of these nouns.**a** witch _____ **b** oboe _____ **c** wick _____ **d** strawberry _____**e** caddy _____ **f** gas _____ **g** box _____ **h** tomato _____**2. Write the singular of these irregular plural nouns.****a** sheep _____ **b** women _____ **c** deer _____ **d** lice _____ **e** teeth _____

Silent letters

1. Underline the silent letters in these words.**a** wrestle **b** knife **c** plumber **d** walk **e** gnat **f** yolk **g** why **h** knowledge
i half **j** knit **k** palm **l** could **m** gnome **n** rhythm **o** wring**2. Complete these words using silent letters.****a** cou__d **b** __rangle **c** __neel **d** w __ich **e** s__ord
f w __ile **g** ca __m **h** com__ **i** ca __ves **j** dou__t

0	Tough	OK
		Got it!
		38

Total





Compound words

1. Join the words and write the compound words they make.

- | | |
|---------------------------------|---------------------------------|
| a hope break _____ | g sun paper _____ |
| b broad less _____ | h check book _____ |
| c bread cast _____ | i lap give _____ |
| d half post _____ | j note shine _____ |
| e out way _____ | k for up _____ |
| f lamp bin _____ | l news top _____ |

Lesson 22

Suffixes: ly, ful, less

1. Add the suffixes ful and less to these words.

- | | ful | less |
|-----------------|------------|-------------|
| a hope | _____ | _____ |
| b fruit | _____ | _____ |
| c colour | _____ | _____ |
| d mercy | _____ | _____ |

2. Write the new words made when you add ly to these words.

- a** free _____ **b** happy _____ **c** silent _____ **d** full _____ **e** oil _____

0	Tough	OK	Got it!	21
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Total





Adjectives 2

1. Write the adjectives in the correct column below.

red minute angry keen vast infinite magenta glum long grey khaki sad

Colour**Size****Mood**

Lesson 24

Singular and plural sentences

1. Change these sentences from singular to plural.**a** Iqbal doesn't like playing football. He prefers karate and skateboarding.Iqbal and Ben

b Claire goes to the shops on Wednesday and plays netball on Friday.Claire and Jemma

2. Change these sentences from plural to singular.**a** We are going to buy two pets. We will either choose two hamsters or two mice.I

b Where are Brad and John? They were going to walk to school with us.Where is Brad?

<hr/>	<hr/>	<hr/>
0	Tough	OK
		Got it!
		16

Total





Collective nouns

1. Use the correct collective noun to complete each of these sentences.

pride coven host troop school herd

- a** He watched the wildlife programme about the _____ of buffalo and _____ of lions.
- b** A _____ of whales could be seen travelling parallel to the ship.
- c** The children sang like a _____ of angels in the school concert.
- d** The _____ of monkeys ran down the hillside towards the riverbank.
- e** The prince came across a _____ of witches as he rode through the haunted forest.

Lesson 26

Essential words

1. Underline the eight verbs and cross out the seven adjectives.

The pirates landed on the sandy beach. They could see tall trees and thick jungle. They walked up the narrow path, reached the sunlit clearing and stopped. A brightly-coloured parrot screeched overhead. They drew their shining cutlasses and tiptoed forward.

2. Underline the five main pieces of information in this passage.

They moved quietly, trying to make no noise. Nothing stirred. There was no movement or sound. Redbeard signalled to the men, holding his cutlass upright. Through the thick green trees, they could see the fort sitting on the top of the hill where the two waterfalls met. Suddenly a shot rang out, crackling like the sound of thunder through the still air.

0	Tough	25
	OK	Got it!

Total

25



Lesson 27

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1st, 2nd and 3rd person 1

1. Write whether these sentences are written in the first, second or third person.

- a** Mum and Dad were not happy! _____
b Where on earth have you been? _____
c We'll do all that we can to help. _____

2. Change these sentences from third to first person.

- a** Fred and Tim had to get on their bikes really fast.

- b** Joanne's feet got entangled in her skipping rope.

Lesson 28

Commas 1

1. Put commas in these sentences.

- a** I bought ham cheese fruit water and yoghurt.
b My old black wellingtons were useless in the deep cold river water.
c I waited in the dark silent lane for the steady sound of the car.

2. Write the passage out underneath, putting in commas and the words 'and' or 'or' where they are needed.

The slow silent car came towards him. He could see the headlights two figures a lumpy parcel on the roof. Was it a box some suitcases a coffin? Whatever it was it was a frightening sight.

0	Tough	OK
		Got it!
		14

Total





Capital letters

1. Circle the letters that should be capitals.

- a** The french teacher helped jane buy her ticket to paris.
b the gold medal went to cuba, the silver to germany and the bronze to the american team.
c I went to the supermarket for bread, but they didn't have any belgian chocolates.
d ford, renault and vauxhall all entered cars for the race.

2. Write this four-line poem correctly, putting in all the capital letters.

sell french silver, buy spanish gold, go to bed early, do what you're told!

Contractions 1

1 Write the contractions for these words.

- a** they have _____ **b** they should have _____ **c** you are _____
d we will not _____ **e** I shall not _____ **f** we had not _____
g we have _____ **h** you would not _____ **i** you must not _____

2. Complete these sentences with the contractions of the words in brackets.

- a** We _____ go, because _____ likely to be there. (shall not/ they are)
b _____ be there on time? _____ very difficult. (Can you not/ It is not)
c _____ thought it? I _____ believe it! (Who would have/ do not)

0	Tough	OK
		Got it!
		23

Total

23



Lesson 31

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Adventure stories

1. Read the extract again, then write True or False after each statement.

- a** It was a rainy day when Harry decided to go for a walk. _____
- b** The path was covered in twigs. _____
- c** A small drop of rain fell on Harry's nose. _____
- d** Harry showed that he was scared by whining. _____
- e** Dr Gordon held Harry under his umbrella. _____
- f** Harry's house did not have a garden. _____

Lesson 32

Instructions

1. Read the instructions again, then write True or False after each statement.

- a** It is important that you make the cylinder yourself. _____
- b** Shiny card works well inside the tube. _____
- c** The card must be made into an X shape. _____
- d** You don't need glue to make a kaleidoscope. _____
- e** The double layer of grease-proof paper traps the sequins. _____

0	Tough	11
	OK	Got it!

Total
11



Words inside words

1. Without rearranging the letters, find as many words inside words as you can.

a oatmeal _____

b history _____

c marketing _____

d mathematics _____

e fragment _____

f flower _____

g weather _____

h independent _____

2. Choose one of these three-letter words to complete the word below:

out pin ark

a m _ _ _ h

b p _ _ _ ing

c s _ _ _ ning

d spr _ _ _ s

Syllables

1. Draw a line between the syllables and underline the vowels.

a t e r r i b l e

b a r g u m e n t

c o n d i t i o n

d w i t h s t a n d i n g

e f o o t b a l l e r

f g a r d e n i n g

2. Write the number of syllables in each word.

a fortify _____

b superhuman _____

c pyramid _____

d theatre _____

e enormous _____

f station _____

g hospital _____

h necessary _____

0	Tough	26
	OK	Got it!

Total





Prefixes 3

1. Complete these words using the prefix ex, co or anti.

- a _____ freeze b _____ ile c _____ septic
d _____ operate e _____ empty f _____ hale

2. Create antonyms of these words by adding the prefix mis or non.

- a _____ take b _____ event c _____ stop
d _____ match e _____ carry f _____ slip
g _____ deed h _____ count i _____ sense

Homonyms

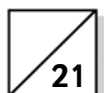
1. Match two different meanings for each of these homonyms.

- | | | |
|--------------------------------|-------------|------------------------------|
| a To bend forward | lean | to stagger about |
| b The back of something | bow | thin |
| c A piece of fishing equipment | pad | a device for shooting arrows |
| d To tilt to one side | rear | to walk softly |
| e A block of paper | reel | to leap up |

2. Which homonym is pronounced differently depending on its meaning? _____

0	Tough	OK
		Got it!
		21

Total





Synonyms 2

1. Write two synonyms for each word.

- | | | |
|--------------------|-------|-------|
| a enormous | _____ | _____ |
| b fast | _____ | _____ |
| c difficult | _____ | _____ |
| d brainy | _____ | _____ |
| e pretty | _____ | _____ |
| f hot | _____ | _____ |
| g tall | _____ | _____ |

Using a dictionary

1. Write these words in alphabetical order.

a red orange yellow green blue indigo violet

b breakfast lunch tea supper dinner

c bleak battle beans bucket body

d eagle elf egg ewe emu

0	Tough	OK	Got it!	11
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Total





Personal pronouns

1. Circle the personal pronouns in these sentences.

- a** Jean met them near the bridge. It was raining.
- b** We couldn't see anything. She must have been waiting inside.
- c** You must come and see us. My mum will like to see you too.
- d** I saw her place the book under the coat. It was quite hidden.

2. Complete this sentence, replacing the proper nouns in brackets with the correct pronouns.

(The dogs) _____ chased (the ducks) _____ inside (the barn) _____. (Kim and I) _____ called (the dogs) _____ to stop.

Possessive pronouns

1. Circle the possessive pronouns in these sentences.

- a** When no one was looking, he put my wallet into his pocket.
- b** He left their car keys in our house.
- c** The green one is Jamila's. The blue one is theirs. The red one is mine.

2. Choose a possessive or personal pronoun to complete these sentences.

- a** Sally and Rita arrived late. _____ came with _____ friend, Yan.
- b** When I got to _____ car, the cat was sitting on _____. _____ would not get off.

0	Tough	OK
		Got it!
		10

Total
10



Conjunctions

1. Underline the conjunctions in these sentences.

- a** We went to the park and played football until it started raining.
- b** It was hot when we arrived but later the weather was miserable.
- c** I went home before the programme had finished.

2. Join the pair of sentences with a conjunction.

The bell rang. I got up to see who was at the door.

1st, 2nd and 3rd person 2

1. Rewrite these sentences in the third person.

- a** I don't know what came over me. I turned off the path that led to my school.
- _____
- b** At the end of it was a gate. I walked through it and found myself in a garden.
- _____
- c** There was an apple tree in the far corner. I went over and picked myself an apple.
- _____
- d** An angry woman started shouting at me. I ran as fast as my legs would carry me.
- _____

0	Tough	OK
		Got it!
		8

Total

8



Signalling time

1. The sentences in the story are in the wrong order. Write them out in the correct order to tell the story. (6 marks)

Inside is a stone box. When you come out of the trees you will see the hut. First you must go to the island. After crossing the beach you must enter the jungle. Then step ashore. Lift it carefully and look inside.

Contractions 2

1. Put the missing contractions into these sentences.

a You _____ possibly be serious. (can not)

b I _____ do as _____ told. (will not) (I am)

c They _____ lift the box and it _____ possible to open it. (could not) (was not)

2. Write out the full version of these contracted words.

a shan't _____

b wouldn't _____

c I'll _____

d when's _____

0	Tough	13
	OK	Got it!

Total





Punctuating speech

1. Add the missing punctuation to these questions.

- a** When are you coming again Taj asked.
- b** When would you like me to I replied.
- c** Could you come tomorrow he suggested.

2. Add the missing punctuation for these exclamations and statements.

- a** Run shouted the firemen Get out as fast as you can
- b** I couldn't see anything but smoke I told them later
- c** We can't come tomorrow but we can the day after

Commas 2

1. Add commas to show where the pauses should be in these sentences.

- a** When they had finished working they went out into the park.
- b** While I was standing there he came up and snatched my bag.
- c** As it was theft I set off for the police station.

2. Add commas where they are needed in these sentences.

- a** Sarah come here at once!
- b** If you can't come tomorrow you must let me know.

0	Tough	11
	OK	Got it!

Total
11



Understanding a story

1. Read the extract again, then write True or False after each statement.

- a** The story takes place in summer. _____
- b** There was only bamboo in the woodland. _____
- c** Badgers beat their stomachs when they are excited. _____
- d** The noose held him tightly by the head. _____
- e** When the badger struggled his fur got tangled. _____
- f** The traveller's basket was made of straw. _____
- g** The traveller was on his way home. _____

Formal letters

1. Read the letter again, then write True or False after each statement.

- a** The telephone number was 01243 567890. _____
- b** The wolf had permission to wear the grandmother's clothes. _____
- c** The first person Mr Meeny would call in was the Woodcutter. _____
- d** There are two separate problems in the letter. _____
- e** The three little pigs want shares in the turnip picking business. _____
- f** The three little pigs want to sue for damages. _____
- g** The letter explains why they want to sue Mr Wolf. _____

0	Tough	14
	OK	Got it!

Total

